

Timor-Leste Australia Economic and Business Conference 2024

Safety, Travel and Medical Frequently Asked Questions

Version 2.0

SAFETY

Where can I find more information about travelling to Timor-Leste?

We encourage all conference participants to familiarise themselves with Dili and Timor-Leste prior to arrival. Useful information can be found at:

- The Australian Government's Smart Traveller website: [Timor-Leste Travel Advice & Safety | Smartraveller](#)
- The Timor-Leste Government's website: <https://www.timorleste.tl/plan-your-trip/timor-travel-tips/>

Exercise caution while in Dili, Timor-Leste. This includes:

- Avoid travelling alone at night,
- Being mindful of your belongings at all times,
- All traffic operates on the left side of the road. Be careful with crossing the road. Sparse or non-existent lighting and poor road conditions make driving and walking at night hazardous.

MEDICAL

Will first aid assistance be available at the conference?

First aid assistance will be available at each of the event. Please look out for Red Cross. For additional medical emergencies and assistance, fees may apply.

What are local emergency contact details?

Ambulance and Fire: 115

Police: 112 or 331 2383

A list of private pharmacies and clinic below:

- a. Stamford Clinic, contact info: +670 331 0141 and +670 7772 1111, email: derek.chua@stamfordmedical.com
- b. The Dili Medical Center, contact info: +670 77428888 and info@dilimedcenter.com
- c. Cinderanita clinic: +670 77963962 and cintalab1@gmail.com

For medical emergencies and assistance, fees may apply. Ensure your travel and medical insurance covers access to appropriate medical services.

TRAVEL AND MEDICAL

It is strongly recommended that all delegates:

- Obtain comprehensive travel and medical insurance before travelling to Timor-Leste.
- Seek a travel doctor's advice on recommended vaccinations for Timor-Leste.
- Avoid contact with animals. In the event of an animal bite or scratch, seek urgent medical advice. Rabies has recently been detected in rural Timor-Leste is fatal without post-exposure treatment, recommended within 24 hours of exposure. Rabies post-exposure treatment includes vaccinations and, if necessary, immunoglobulin treatment. Post-exposure treatment is limited in Timor-Leste, this could require medical evacuation to Australia. Ensure your travel and medical insurance covers this.
- Malaria and other mosquito-borne diseases can be found in Timor-Leste. Dengue is endemic in Timor-Leste, peaking in the monsoon season. Recommend obtaining anti-malaria medications and insect repellent with DEET before travelling to Timor-Leste.
- Waterborne, foodborne and other infectious diseases are widespread. These include gastroenteritis, typhoid and hepatitis. Drink only boiled or bottled water. Avoid raw or undercooked food. It is recommended not to consume street food.

Severe Weather Conditions

Timor-Leste is prone to these natural disasters including tsunamis, earthquakes, cyclones, tropical storms, and flash flooding. Keep abreast of updates through these websites or apps.

- **Windy** <https://www.windy.com/>
- **Earthquakes** [Latest Earthquakes \(usgs.gov\)](https://www.usgs.gov/)
- **Tsunami** [U.S. Tsunami Warning Centers](https://www.fws.gov/)
- **Flood safety** [Flood Safety | Flood Preparedness | American Red Cross](https://www.floodsafety.com/)

Venues Assistance Contact List

Hotel	Phone	Email
Novo Turismo Resort & Spa	+670 331 0005	reservation@novoturismotimor.com
Hotel Timor	+670 332 4502	Justina@orienteminihub.org
Sunset Inn	+670 7794 0900	sunsetintimor@gmail.com
Timor Plaza Hotel	+670 7752 9888	guestrelations@timorplazahotel.com
City 8	+670 331 0499	sales@city8.tl

Australian Embassy in Dili

For consular assistance, contact the [Australian Embassy in Dili](https://www.embassy.gov.au/dili/).

My question is not answered here / I would like more information.

We will continue to update this FAQ section as we receive more questions. Please direct all additional queries to TUAUCON2024@prosivu.tl. We will be happy to answer any questions.